

WEEKEND FORUM
YAAM - ADAC
2025

Insights, Techniques & Hands-On

24TH - 25TH MAY 2025
SEVEN HILLS HOSPITAL, ANDHERI, MUMBAI.



UNDER AEGIS OF IADVL MAHARASHTRA STATE BRANCH



PROGRAM SCHEDULE

YAAM

YUMEDERMA ACADEMY OF AESTHETIC MEDICINE

ABOUT YAAM

Yumederma Academy of Aesthetic Medicine (YAAM) is initiated to meet a need and to pursue collective goals of Aesthetic Dermatology Community specifically focusing on giving hands on experience of injectables, threads, lasers, regenerative medicines and more that encourages and promotes young dermatologists who are in aesthetic practices.



ABOUT ADAC

ADAC - Aesthetic Dermatology Academy Conference has established itself as one of the most comprehensive educational opportunities in aesthetic dermatology in Asia. Our incredible faculty includes the most respected aesthetic dermatologists and plastic surgeons from all over the world. ADAC aims to be a leading congress providing state of the art information on the rapid advances in lasers and aesthetic skin therapy.



ORGANIZING COMMITTEE



**Dr. Rungsima
Wanitphakdeedecha**
SCIENTIFIC CHAIRPERSON



**Dr. Woraphong
Manuskiatti**
SCIENTIFIC CHAIRPERSON



**Dr. Sarawalai
Rakchart**
SCIENTIFIC CHAIRPERSON



Dr, Madhuri Agarwal
ORGANISING CHAIRPERSON



Dr. Farida Modi
SCIENTIFIC SECRETARY



Dr. Samatha Nuthalapati
ORGANISING SECRETARY



Dr. Mansi Bhatt
ORGANISING JOINT SECRETARY



Dr Siddhi Tiwari
SCIENTIFIC JOINT SECRETARY

CONFERENCE COORDINATORS



Dr. Snehal Shelke



Dr. Drishti Bhatt



Dr. Naga Nitya Vangala



Dr. Arshiya Khan



Dr. Varun H



Dr. Yash Shah

INTERNATIONAL FACULTY



**Dr. Rungsima
Wanitphakdeedecha**



**Dr. Woraphong
Manuskiatti**



**Dr. Sarawalai
Rakchart**



Dr. Malwina Grobelna

NATIONAL FACULTY



Dr. Agni Kumar Bose



Dr. Aseem Sharma



Dr. Balkrishna Nikam



Dr. Bansari M



Dr. Dhanraj Chavan



Dr. Dipak Kulkarni



Dr. Falguni Shah



Dr. Farida Modi



Dr. Girish Shah

NATIONAL FACULTY



Dr. Jagdish Sakhiya



Dr. Jay Gupte



Dr. Kalpana Sarangi



Dr. Karthikraja



Dr. Kavish Chouhan



Dr. Madhuri Agarwal



Dr. Manish Gautam



Dr. Manasi Shirolkar



Dr. Manjyot Gautam



Dr. Mansi Bhatt



Dr. Mikki Singh



Dr. Neeraj Pandey



Dr. Nidhi Singh Tandon



Dr. Ojas Kulkarni



Dr. Sadhana Deshmukh

NATIONAL FACULTY



Dr. Samkit Shah



Dr. Satish Bhatia



Dr. Sejal Shah



Dr. Shital Poojary



Dr. Siddhi Tiwari



Dr. Viral Desai



DR. H. R. JERAJANI E-POSTER

Call for Abstracts!

24th - 25th May 2025 (Seven Hills Hospital, Mumbai)

TOPICS FOR E-POSTER

Hair Science & Therapies

Injectable Aesthetics: Botox, Fillers, Threads

Energy-Based Devices, Lasers & Lights

Regenerative Dermatology: PRP, Biofillers, Exosomes, PDRN, HA booster

Advances in Topical Therapies

Combination Aesthetic Treatments & Innovations

(Topics applicable in the form of case report, case series)

Important Dates

- **Deadline for submitting abstracts for E-POSTERS : 6th May 2025**
- **Acceptance Intimation : 10th May 2025**
- **Deadline for E-POSTER submission : 15th May 2025**

Email your abstracts to : yaamforum@gmail.com

9:00AM - 9:30AM

INAUGURATION

Guest of Honor : *Dr Shital Poojary, Dr Manish Gautam, Dr Manjyot Gautam & Dr Jay Gupte*

SESSION 1:

LASERS & ENERGY : MASTERING THE POWER OF LIGHT & HEAT

9:30 – 10:00am

Lasers Unveiled: Understanding the Physics Behind the Beam

- Dr Woraphong Manuskiatti

Illuminate your practice with the quantum secrets only experienced dermatologists understand



10:00 – 10:20am

The Magic of Multi-Wavelength Hair Removal: Diode, Dual & Triple

Wavelength Lasers - Dr Dipak Kulkarni

One size doesn't fit all—customize your laser strategy for the smoothest, most effective results.



10:20 – 10:40am

Q-Switch Lasers in Action: Precision, Power & Pitfalls

- Dr Woraphong Manuskiatti

Melasma, tattoos, pigmentation—learn how to wield this precision powerhouse for flawless outcomes.



10:40 – 11:00am

COFFEE / TEA BREAK

11:00 – 11:20am

Tissue Transformation: The Science of Fractional Interventions

- Dr Balkrishna Nikam

Fractional Technologies Histopathology in Skin Regeneration and Repair



11:20 – 11:40am

Ablative vs. Non-Ablative Lasers: Strategic Selection for Optimal Skin

Rejuvenation - Dr Jagdish Sakhiya

From deep resurfacing to gentle glow-ups, discover when to go ablative and when to hold back.



11:40 – 12:00pm

CONTOUR COUTURE: The Future of Non-Invasive Body Sculpting

- Dr Rungsima Wanitphakdeedecha

Fat melting, muscle tightening, skin firming—discover the gold standard in body contouring.



12:00 – 1:00pm

Panel Discussion

Moderator: Dr Nidhi Singh Tandon

Panelist : *Dr Woraphong Manuskiatti, Dr Dipak Kulkarni, Dr Balkrishna Nikam, Dr Jagdish Sakhiya & Dr Rungsima Wanitphakdeedecha*



1:00PM - 2:00PM
REJUVENATION BREAK

2:00PM - 6:00PM

SESSION 2:

INJECTABLE SYMPOSIUM: ASSESSMENT TO INTERVENTION

2:00 – 2:20pm

The Blueprint of Beauty: Anatomy of Aging & Injectable Strategy

- Dr Viral Desai

Decode the structural shifts of the aging face—so you can reverse them with precision.



2:20 – 2:40pm

The Aesthetic Architect: Mastering Facial Assessment for Perfect

Proportions -Dr Rungsima Wanitphakdeedecha

From angles to symmetry—map out the ideal treatment plan like a true skin sculptor.



2:40 – 3:00pm

Botulinum toxin : Smooth, Lift & Refresh with Confidence

-Dr Sarawalai Rakchart

From forehead freezes to finesse moves, perfect your botulinum toxin technique



3:00 – 3:20pm

Fillers Unfiltered: Sculpting Faces, Enhancing Beauty

- Dr Madhuri Agarwal

Chiseling cheeks, defining jawlines, and perfecting lips—your hands are the artist's brush.



3:20 – 3:40pm

Thread Lifts 101: Stitch Your Way to a Snatched Look

- Dr Farida Modi

Explore how to lift, tighten, and rejuvenate with threads—without looking overdone



3:40 – 4:00pm

CELLULAR RENAISSANCE: Biohacking Beauty Through Regenerative

Protocols - Dr Rungsima Wanitphakdeedecha

Harness growth factors and cytokine cascades for results that improve with every selfie



4:00 – 5:00pm

Panel Discussion

Moderator: Dr. Mikki Singh & Dr. Aseem Sharma

Panelist : *Dr Viral Desai, Dr Rungsima Wanitphakdeedecha, Dr Sarawalai Rakchart, Dr Madhuri Agarwal & Dr Farida Modi.*

PROGRAM

DAY-2 : 25TH MAY 2025

HANDS-ON WORKSHOP

(Conducted by renowned Indian faculty - supervised and mentored by ADAC faculty)

9:00AM - 1:00PM

Workshop Hall - 1

Operation Theatre OT 1

- **Basic Toxin**
- **Advance Toxin**

Workshop Hall - 2

Operation Theatre OT 2

Cog Threads

Workshop Hall - 3

Regenerative Medicine

- PDRN
- Exosomes

Workshop Hall - 4

- **Pigment lasers**
- **Fractional lasers**

(ablative and non ablative)



1:00PM - 2:00PM

REJUVENATION BREAK

2:00PM - 6:00PM

Workshop Hall - 1

Operation Theatre OT 1

- **Mid Face Filler**
- **Tear Trough Filler**

Workshop Hall - 2

Operation Theatre OT 2

Skin Boosters

Workshop Hall - 3

Medifacials

Workshop Hall - 4

- **Energy Based Devices**
- **Body Contouring**



Registration Form

Medical Council No. & State	IADVL No.	
Name :		
Address :		
City :	State:	Pin Code :
Mobile No. :	Clinic No.	
E-mail :		

CATEGORY : ☐ IADVL Member ☐ PG Student ☐ Foreign Delegate

24th May 2025 : Conference Registration Fees (09:00 - 06:00 pm)

(*Fee Excluding GST) Please tick appropriate box

- | | |
|--|-------------|
| <input type="checkbox"/> IADVL MEMBERS | INR 12000/- |
| <input type="checkbox"/> PG STUDENTS | INR 10000/- |

25th May 2025 : Workshop Registration Fees (09:00 - 06:00 pm) EACH WORKSHOP

(*Fee Excluding GST) Please tick appropriate box

- | | |
|--|------------|
| <input type="checkbox"/> IADVL MEMBERS | INR 6000/- |
| <input type="checkbox"/> PG STUDENTS | INR 4000/- |

CHOOSE ANY TWO WORKSHOPS AND AVAIL RS 1000 DISCOUNT ON EACH WORKSHOP

(09:00 - 01:00pm)

- | | | |
|--|---|--------------------------------------|
| <input type="checkbox"/> Basic Toxin | <input type="checkbox"/> Advanced Toxin | <input type="checkbox"/> Cog Threads |
| <input type="checkbox"/> Regenerative Medicine | <input type="checkbox"/> Pigment Lasers & Fractional Lasers | |

(02:00 - 06:00pm)

- | | | |
|---|---|--|
| <input type="checkbox"/> Mid Face Fillers | <input type="checkbox"/> Tear Trough Fillers | <input type="checkbox"/> Skin Boosters |
| <input type="checkbox"/> Medifacials | <input type="checkbox"/> Energy Based Devices & Body Contouring | |

ONLY FOR DERMATOLOGISTS & PLASTIC SURGEONS

Registration Form

Important Note:

- Only Dermatologists & Plastic Surgeons are allowed.
- Members, please mention your IADVL membership no. on the registration form
- Conference Registration is mandatory to attend workshops
- HOD Certificate Mandatory for PG Student Registration

The registration fee includes:

- Admission to the conference & exhibition, coffee breaks and lunch
- Certificate of Attendance
- Tea / Coffee & Lunch
- Payment Information: Cancellations are subject to a INR 500 processing fee.
- No refunds for cancellations after 15 April 2025.
- Payment must be made prior to the conference.
- Admittance will not be granted if payment is not received

Bank Details

Current Account Name	: YUMEDERMA ACADEMY OF AESTHETIC MEDICINE
Bank Name	: ICICI BANK LIMITED
Branch	: Mulund West, Mumbai 400 080
Account Number	: 119505003701
IFSC Code SWIFT Code	: ICIC0001195

- Please send your registration form and payment receipt to conference registration desk on the below phone no. **Ms. Priyanka Mhatre : +91 8424 837606 E-mail : yaamforum@gmail.com**
- Once we receive the form and payment receipt, we shall confirm you the registration by return mail along with registration no.

For Conference & Workshop Registration Payment



UNDER AEGIS OF IADVL MAHARASHTRA STATE BRANCH



For Conference & Workshop Registration Payment



Nurturing Global Thinkers, Shaping Aesthetic Leaders...

TO REGISTER

Contact Us

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