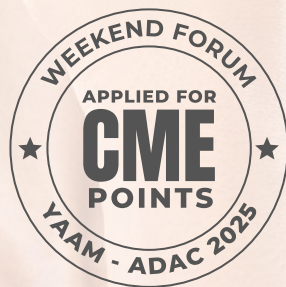


WEEKEND FORUM  
**YAAM - ADAC**  
**2025**

*Insights, Techniques & Hands-On*

**24TH - 25TH MAY 2025**  
**SEVEN HILLS HOSPITAL, ANDHERI, MUMBAI.**



**UNDER AEGIS OF IADVL MAHARASHTRA STATE BRANCH**



**PROGRAM SCHEDULE**

# YAAM

YUMEDERMA ACADEMY OF AESTHETIC MEDICINE

## ABOUT YAAM

Yumederma Academy of Aesthetic Medicine (YAAM) is initiated to meet a need and to pursue collective goals of Aesthetic Dermatology Community specifically focusing on giving hands on experience of injectables, threads, lasers, regenerative medicines and more that encourages and promotes young dermatologists who are in aesthetic practices.



## ABOUT ADAC

ADAC - Aesthetic Dermatology Academy Conference has established itself as one of the most comprehensive educational opportunities in aesthetic dermatology in Asia. Our incredible faculty includes the most respected aesthetic dermatologists and plastic surgeons from all over the world. ADAC aims to be a leading congress providing state of the art information on the rapid advances in lasers and aesthetic skin therapy.





## ORGANIZING COMMITTEE



**Dr. Rungsima  
Wanitphakdeedecha**  
SCIENTIFIC CHAIRPERSON



**Dr. Woraphong  
Manuskiatti**  
SCIENTIFIC CHAIRPERSON



**Dr. Sarawalai  
Rakchart**  
SCIENTIFIC CHAIRPERSON



**Dr, Madhuri Agarwal**  
ORGANISING CHAIRPERSON



**Dr. Farida Modi**  
SCIENTIFIC SECRETARY



**Dr. Samatha Nuthalapati**  
ORGANISING SECRETARY



**Dr. Mansi Bhatt**  
ORGANISING JOINT SECRETARY



**Dr Siddhi Tiwari**  
SCIENTIFIC JOINT SECRETARY

## CONFERENCE COORDINATORS



**Dr. Snehal Shelke**



**Dr. Drishti Bhatt**



**Dr. Naga Nitya Vangala**



**Dr. Arshiya Khan**



**Dr. Varun H**



**Dr. Yash Shah**

## INTERNATIONAL FACULTY



**Dr. Rungsima  
Wanitphakdeedecha**



**Dr. Woraphong  
Manuskiatti**



**Dr. Sarawalai  
Rakchart**



**Dr. Malwina Grobelna**

## NATIONAL FACULTY



**Dr. Agni Kumar Bose**



**Dr. Aseem Sharma**



**Dr. Balkrishna Nikam**



**Dr. Bansari M**



**Dr. Dhanraj Chavan**



**Dr. Dipak Kulkarni**



**Dr. Falguni Shah**



**Dr. Farida Modi**



**Dr. Girish Shah**

## NATIONAL FACULTY



**Dr. Jagdish Sakhiya**



**Dr. Jay Gupte**



**Dr. Kalpana Sarangi**



**Dr. Karthikraja**



**Dr. Kavish Chouhan**



**Dr. Madhuri Agarwal**



**Dr. Manish Gautam**



**Dr. Manasi Shirolkar**



**Dr. Manjyot Gautam**



**Dr. Mansi Bhatt**



**Dr. Mikki Singh**



**Dr. Neeraj Pandey**



**Dr. Nidhi Tandon**



**Dr. Ojas Kulkarni**



**Dr. Sadhana Deshmukh**

## NATIONAL FACULTY



**Dr. Samkit Shah**



**Dr. Satish Bhatia**



**Dr. Sejal Shah**



**Dr. Shital Poojary**



**Dr. Siddhi Tiwari**



**Dr. Viral Desai**



**DR. H. R. JERAJANI E-POSTER**

# Call for Abstracts!

**24<sup>th</sup> - 25<sup>th</sup> May 2025** (Seven Hills Hospital, Mumbai)

### TOPICS FOR E-POSTER

**Hair Science & Therapies**

**Injectable Aesthetics: Botox, Fillers, Threads**

**Energy-Based Devices, Lasers & Lights**

**Regenerative Dermatology: PRP, Biofillers, Exosomes, PDRN, HA booster**

**Advances in Topical Therapies**

**Combination Aesthetic Treatments & Innovations**

*(Topics applicable in the form of case report, case series)*

### Important Dates

- **Deadline for submitting abstracts for E-POSTERS : 6<sup>th</sup> May 2025**
- **Acceptance Intimation : 10<sup>th</sup> May 2025**
- **Deadline for E-POSTER submission : 15<sup>th</sup> May 2025**

**Email your abstracts to : [yaamforum@gmail.com](mailto:yaamforum@gmail.com)**

**9:00AM - 9:30AM**

## INAUGURATION

**Guest of Honor :** *Dr Shital Poojary, Dr Manish Gautam, Dr Manjyot Gautam & Dr Jay Gupte*

### SESSION 1:

## LASERS & ENERGY : MASTERING THE POWER OF LIGHT & HEAT

**9:30 – 10:00am**

**Lasers Unveiled: Understanding the Physics Behind the Beam**

**- Dr Woraphong Manuskiatti**

*Illuminate your practice with the quantum secrets only experienced dermatologists understand*



**10:00 – 10:20am**

**The Magic of Multi-Wavelength Hair Removal: Diode, Dual & Triple**

**Wavelength Lasers - Dr Dipak Kulkarni**

*One size doesn't fit all—customize your laser strategy for the smoothest, most effective results.*



**10:20 – 10:40am**

**Q-Switch Lasers in Action: Precision, Power & Pitfalls**

**- Dr Woraphong Manuskiatti**

*Melasma, tattoos, pigmentation—learn how to wield this precision powerhouse for flawless outcomes.*



**10:40 – 11:00am**

**COFFEE / TEA BREAK**

**11:00 – 11:20am**

**Tissue Transformation: The Science of Fractional Interventions**

**- Dr Balkrishna Nikam**

*Fractional Technologies Histopathology in Skin Regeneration and Repair*



**11:20 – 11:40am**

**Ablative vs. Non-Ablative Lasers: Strategic Selection for Optimal Skin**

**Rejuvenation - Dr Jagdish Sakhiya**

*From deep resurfacing to gentle glow-ups, discover when to go ablative and when to hold back.*



**11:40 – 12:00pm**

**CONTOUR COUTURE: The Future of Non-Invasive Body Sculpting**

**- Dr Rungsima Wanitphakdeedecha**

*Fat melting, muscle tightening, skin firming—discover the gold standard in body contouring.*



**12:00 – 1:00pm**

**Panel Discussion**

**Moderator: Dr Nidhi Singh Tandon**

**Panelist :** *Dr Woraphong Manuskiatti, Dr Dipak Kulkarni, Dr Balkrishna Nikam, Dr Jagdish Sakhiya & Dr Rungsima Wanitphakdeedecha*



**1:00PM - 2:00PM**  
**REJUVENATION BREAK**



## 2:00PM - 6:00PM

### SESSION 2:

### INJECTABLE SYMPOSIUM: ASSESSMENT TO INTERVENTION

2:00 – 2:20pm

**The Blueprint of Beauty: Anatomy of Aging & Injectable Strategy**

- **Dr Viral Desai**

*Decode the structural shifts of the aging face—so you can reverse them with precision.*



2:20 – 2:40pm

**The Aesthetic Architect: Mastering Facial Assessment for Perfect Proportions** -**Dr Rungsima Wanitphakdeedecha**

*From angles to symmetry—map out the ideal treatment plan like a true skin sculptor.*



2:40 – 3:00pm

**Botulinum toxin : Smooth, Lift & Refresh with Confidence**

-**Dr Sarawalai Rakchart**

*From forehead freezes to finesse moves, perfect your botulinum toxin technique*



3:00 – 3:20pm

**Fillers Unfiltered: Sculpting Faces, Enhancing Beauty**

- **Dr Madhuri Agarwal**

*Chiseling cheeks, defining jawlines, and perfecting lips—your hands are the artist's brush.*



3:20 – 3:40pm

**Thread Lifts 101: Stitch Your Way to a Snatched Look**

- **Dr Farida Modi**

*Explore how to lift, tighten, and rejuvenate with threads—without looking overdone*



3:40 – 4:00pm

**CELLULAR RENAISSANCE: Biohacking Beauty Through Regenerative Protocols** - **Dr Rungsima Wanitphakdeedecha**

*Harness growth factors and cytokine cascades for results that improve with every selfie*



4:00 – 5:00pm

**Panel Discussion**

**Moderator: Dr. Mikki Singh & Dr. Aseem Sharma**

**Panelist :** *Dr Viral Desai, Dr Rungsima Wanitphakdeedecha, Dr Sarawalai Rakchart, Dr Madhuri Agarwal & Dr Farida Modi.*



# PROGRAM

DAY-2 : 25TH MAY 2025

## HANDS-ON WORKSHOP

(Conducted by renowned Indian faculty - supervised and mentored by ADAC faculty)

**9:00AM - 1:00PM**

**Workshop Hall - 1**

**Operation Theatre OT 1**

- **Basic Toxin**
- **Advance Toxin**

**Workshop Hall - 2**

**Operation Theatre OT 2**

**Cog Threads**

**Workshop Hall - 3**

**Regenerative Medicine**

- PDRN
- Exosomes

**Workshop Hall - 4**

- **Pigment lasers**
- **Fractional lasers**

(ablative and non ablative)



**1:00PM - 2:00PM**

**REJUVENATION BREAK**

**2:00PM - 6:00PM**

**Workshop Hall - 1**

**Operation Theatre OT 1**

- **Mid Face Filler**
- **Tear Trough Filler**

**Workshop Hall - 2**

**Operation Theatre OT 2**

**Skin Boosters**

**Workshop Hall - 3**

**Medifacials**

**Workshop Hall - 4**

- **Energy Based Devices**
- **Body Contouring**



# Registration Form

Medical Council No. & State	IADVL No.	
Name :		
Address :		
City :	State:	Pin Code :
Mobile No. :	Clinic No.	
E-mail :		

**CATEGORY :** ☐ IADVL Member ☐ PG Student ☐ Foreign Delegate

## 24th May 2025 : Conference Registration Fees (09:00 - 06:00 pm)

(\*Fee Excluding GST) Please tick appropriate box

- |  |             |
|--|-------------|
| <input type="checkbox"/> IADVL MEMBERS | INR 12000/- |
| <input type="checkbox"/> PG STUDENTS   | INR 10000/- |

## 25th May 2025 : Workshop Registration Fees (09:00 - 06:00 pm) EACH WORKSHOP

(\*Fee Excluding GST) Please tick appropriate box

- |  |            |
|--|------------|
| <input type="checkbox"/> IADVL MEMBERS | INR 6000/- |
| <input type="checkbox"/> PG STUDENTS   | INR 4000/- |

**CHOOSE ANY TWO WORKSHOPS AND AVAIL RS 1000 DISCOUNT ON EACH WORKSHOP**

**(09:00 - 01:00pm)**

- |  |   |                                      |
|--|---|--------------------------------------|
| <input type="checkbox"/> Basic Toxin           | <input type="checkbox"/> Advanced Toxin                     | <input type="checkbox"/> Cog Threads |
| <input type="checkbox"/> Regenerative Medicine | <input type="checkbox"/> Pigment Lasers & Fractional Lasers |                                      |

**(02:00 - 06:00pm)**

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Mid Face Fillers | <input type="checkbox"/> Tear Trough Fillers                    | <input type="checkbox"/> Skin Boosters |
| <input type="checkbox"/> Medifacials      | <input type="checkbox"/> Energy Based Devices & Body Contouring |  |

**ONLY FOR DERMATOLOGISTS & PLASTIC SURGEONS**

# Registration Form

## Important Note:

- Only Dermatologists & Plastic Surgeons are allowed.
- Members, please mention your IADVL membership no. on the registration form
- Conference Registration is mandatory to attend workshops
- HOD Certificate Mandatory for PG Student Registration

## The registration fee includes:

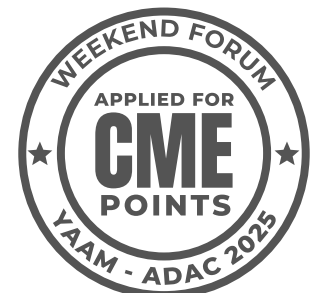
- Admission to the conference & exhibition, coffee breaks and lunch
- Certificate of Attendance
- Tea / Coffee & Lunch
- Payment Information: Cancellations are subject to a INR 500 processing fee.
- No refunds for cancellations after 15 April 2025.
- Payment must be made prior to the conference.
- Admittance will not be granted if payment is not received

## Bank Details

Current Account Name	: YUMEDERMA ACADEMY OF AESTHETIC MEDICINE
Bank Name	: ICICI BANK LIMITED
Branch	: Mulund West, Mumbai 400 080
Account Number	: 119505003701
IFSC Code SWIFT Code	: ICIC0001195

- Please send your registration form and payment receipt to conference registration desk on the below phone no. **Ms. Priyanka Mhatre : +91 8424 837606 E-mail : yaamforum@gmail.com**
- Once we receive the form and payment receipt, we shall confirm you the registration by return mail along with registration no.

## For Conference & Workshop Registration Payment



**UNDER AEGIS OF IADVL MAHARASHTRA STATE BRANCH**





For Conference & Workshop Registration Payment



*Nurturing Global Thinkers, Shaping Aesthetic Leaders...*

**TO REGISTER**

**Contact Us**

**Secretariat :**

**YUMEDERMA ACADEMY OF AESTHETIC MEDICINE**

236-239, 2nd Floor Hallmark Complex, LBS Marg,

Mulund West, Mumbai, Maharashtra 400080

M : +9189287 79561 | E : yaamforum@gmail.com

W: www.yaamindia.com

**Professional Conference Organizer:**

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Road No.29, Wagle Estate, Thane- 400604

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W: www.hybridtheory.in